OAKBANK CARE HOME

INTRODUCTION

Message From Our Deputy Manager

We have had a very enjoyable and active few months here at Oakbank, with plenty going on for both residents and staff.

Valentine's Day was a particular highlight, where we held a fun photo shoot. Many of our residents took part and enjoyed the chance to dress up and have a photo taken. It was a lovely way to capture some happy moments and share a few laughs together.

Another special experience for everyone was welcoming a group of children from Ardvreck School to Oakbank. Residents really enjoyed watching them grow and develop, and many shared stories and reminiscing in their packing room. It was something that brought a lot of interest and conversation afterwards.

Two of the ducks have since gone to live with our housekeeper Teresa, and we are pleased to still receive regular updates and photos. The remaining three returned to the farm they originally came from.

As we look ahead, we are all hoping for a good summer with plenty of fine weather so we can make the most of our garden and outdoor spaces.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

Newsletter Sign-Up

Best wishes,

Amanda Fowler
Deputy Manager

ACTIVITIES & EVENTS

Oakbank Oscars 2026

We enjoyed a very special afternoon of celebration with our own Oakbank Oscars. The home was filled with a real sense of occupation, with residents arriving in style for a touch of glitz and glamour.

Each resident was individually escorted to the event by Aidan, Priya and Linda, making the experience feel all the more special. On arrival, they were greeted by our "paparazzi photo wall", who captured photographs as everyone made their way along the red carpet.

Residents were presented with an Oscar worthy garland before the celebrations began. A glass of prosecco was served, adding to the atmosphere as everyone settled in to enjoy the afternoon.

Julie took on the role of host, announcing the awards with great humour and teasing the audience with suspense. Margaret then then presented each resident with their very own golden Oscar.

Awards included titles such as Top Waiter, Perfect Gentleman, Best Cheese Lover, Most Sociable and Top Scorer, along with many more. It was clear to see how much everyone enjoyed the event, with plenty of smiles as residents proudly held their awards.

Dance Sessions with Neve

Every Thursday residents come together for a dance session led by Neve. These sessions are lively, energetic and always full of fun.

By the end of each class, residents work together on a simple routine, which is always a great achievement. There is plenty of laughter along the way, and we often add a bit of fun with colourful accessories such as "groovy glasses". It is a great way to stay active while enjoying music and movement.

Ardvreck School and Nursery Visits

We always look forward to visits from Ardvreck School and Nursery. The nursery children join us for tea, coffee and cake, which helps to build relationships develop between the children and residents over time.

The older pupils have also begun visiting once a month. Their first visit coincided with Black Bonnet Day, and the children arrived in costume, which residents thoroughly enjoyed trying to guess. On another visit, they dressed as different fruits and took part in a "human fruit machine" activity, supporting our nutrition and hydration week.

These visits bring a great deal of enjoyment to everyone involved.

Getting Involved

Residents at Oakbank enjoy being involved in the day-to-day running of the home, and one popular activity is helping with vegetable preparation.

Residents peel and chop vegetables needed for meals, which are then taken through to the kitchen for cooking. The kitchen team are always grateful for the help, and residents take pride in contributing in a meaningful way. It is a simple activity but one that brings a real sense of purpose.

Valentine's Fun

We had a great morning doing a valentine photo shoot with Little Lear Life Photography, we all had a lot of fun and I'm sure you will agree the photos are wonderful. Thank you to everyone that is pursuing the flowers. Here's a few of the photos that we have. If you would like to see more photos of your family member please contact contact@oakbankcare.co.uk

Armchair Travel to Australia

On Australia Day, we took a virtual trip across the world with an armchair travel session to Australia. Residents learned a few interesting facts about the country and enjoyed trying fairy bread, a traditional Australian treat.

The session sparked lots of conversation and laughter, and there was even the chance for residents to have a cuddle with a kangaroo prop, which went down very well.

Burns Night Celebrations

We celebrated Burns Night in traditional style here at Oakbank. Aidan proudly dressed in his kilt and led the procession of the haggis through the home, accompanied by the sound of the pipes played by local piper Ewan.

One of our residents, Bryan, gave a wonderful reading of the address to the haggis, which was enjoyed by everyone. The haggis was then served to residents by Izzy Haggis, neeps and tatties, with the option of a small dram of whisky or a glass of Irn Bru. It was a lively and memorable occasion.

STAFF NEWS

Nutrition and Hydration Week

Our kitchen team fully embraced Nutrition and Hydration Week, supporting activities that raised awareness of the importance of a balanced diet and staying well hydrated.

Residents were encouraged to take part, and it provided a good opportunity to reinforce healthy habits in an engaging and practical way.

Team Member of the Month

We are pleased to have introduced our Team Member of the Month award. Residents, staff, families and friends are all encouraged to nominate someone who has gone above and beyond to make a difference.

Our recent winners:
January – Kirsty Lynch
February – Aidan (Wellbeing Co-ordinator)
March – Terry (Kitchen Porter)

Congratulations to all our winners, and thank you for your continued hard work and dedication.

Upcoming

Diary Dates

We have a number of events coming up over the next few months:

Carol Boat Cruise – 29th April
May Walking Month – join us as we virtually climb a mountain
Michael Patterson – 5th May
Tea Dance – 12th May, 2pm-4pm
Chris White – 7th June
Oakbank summer garden party – 29th August at 2.30pm

We look forward to these events and hope residents will enjoy taking part.

Looking Ahead

As we move towards the summer months, we are looking forward to spending more time outdoors and making the most of our garden spaces.

We will continue to build on our activities programme, ensuring there is a good mix of social, physical and creative opportunities for residents to enjoy. Maintaining strong connections with the local community will also remain a key focus.

Thank you, as always, for your continued support of Oakbank Care Home.

EXTERNAL LINKS

Social Media

Make sure to check out the Oakbank Care Home Facebook Page for all our latest photos!

Don't Forget To 'Like' Us!

Leave A Review

We would be very grateful if you could spare a few minutes to write a review for us:

Carehome.co.uk & Google Reviews

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