



INTRODUCTION

Message From Our Manager

As the leaves turn golden and the air grows crisp, Oakbank Care Home embraces the beauty and comfort of autumn. This season brings a sense of reflection, warmth, and togetherness. It's a time when we gather indoors for cozy chats, enjoy seasonal treats, and celebrate the simple joys of life. We are so blessed to live in such a wonderful area where we see in every direction the stunning colours, as the trees change and the landscape becomes rich and the leaf kicking begins.

Over the past few months, our home has been filled with laughter, colour, and connection - from energetic charity runs to heartwarming visits from furry friends. Autumn reminds us to slow down, appreciate each other, and make meaningful memories.

We're excited to share some of our recent highlights with you in this newsletter, and we look forward to the festive season ahead, our favourite time of the year at Oakbank.

From the 1st of December onwards we celebrate Christmas (the dreaded word, sorry!), we have a very busy month planned! I cannot wait to see you all and of course take part in the Christmas Fete and Christmas Jumper fashion show, which may I say, I won last year!

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

[Newsletter Sign-Up](#)

Best wishes,

Margaret Ann Gavin
Home Manager

ACTIVITIES & EVENTS



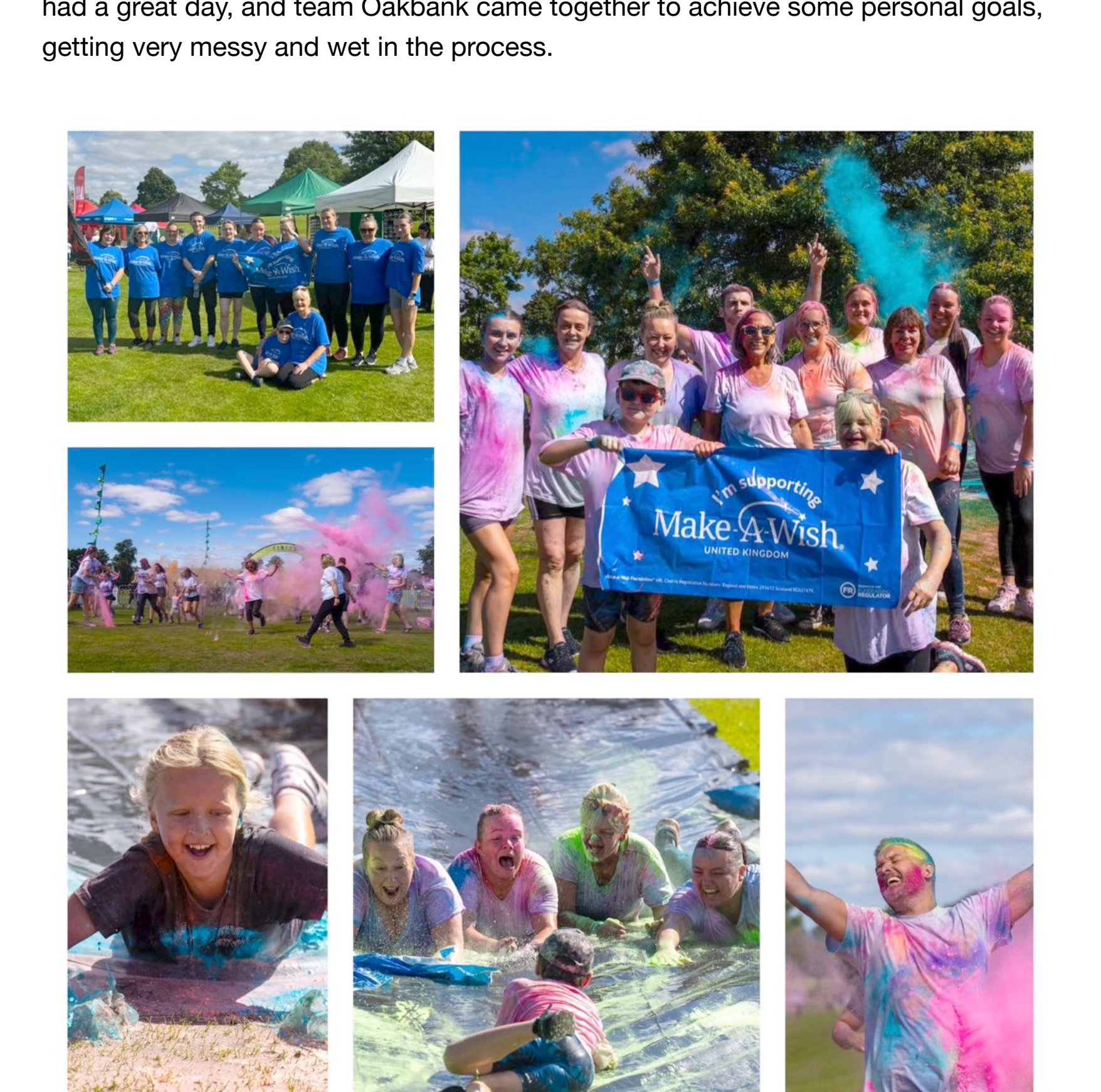
Exciting Plans

December is always a busy month at Oakbank, please check the monthly planner to see what we have organised, you are very welcome to join in with any events if you would like.

ACTIVITIES & EVENTS

5k Colour Run

In August, 10 members of staff from all different departments took part in a sponsored colour run, we raised over £1000 which went towards our residents' funds and supported Care Concern's chosen charity "Make-A-Wish UK". Everyone had a great day, and team Oakbank came together to achieve some personal goals, getting very messy and wet in the process.



Circus Came To Town

The Adventure Circus came to visit with their Bring Me Sunshine Tour, they put on a spectacular show, and the residents were mesmerised from start to finish. The acrobatic skills were admired by everyone, and they were singing and clapping along to the music, and we even had a go on the trapeze.

Julie was an excellent ringleader, we all know how much she enjoys dressing up!



Pet Therapy

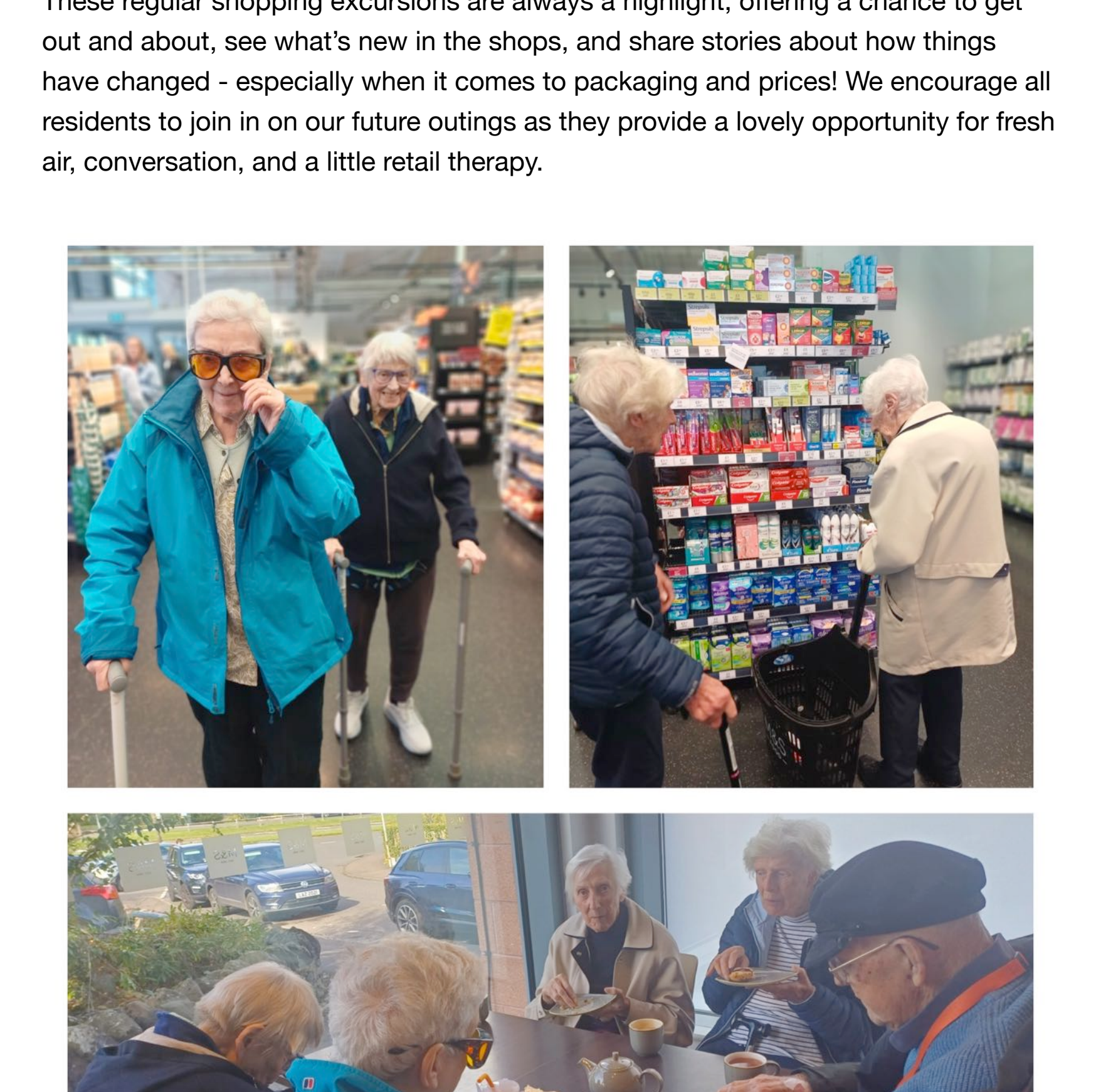
On National Dog Day, Pam bought her dog, Bailey, in to see the residents, everyone loved seeing him and bought smiles to all our faces. Bailey really did brighten up the day and brought back lots of memories and sparked conversation about our beloved pets. Bailey is like one of our family and now regularly pops in to visit.



Trip Out & About

Our recent outing to Marks & Spencer was a wonderful success! Residents enjoyed a lovely morning that began with a comforting cup of tea and a sweet treat before setting off to explore M&S. There was plenty of time to browse the aisles, pick up a few special items, and chat about favourite brands and memories of shopping trips from years gone by.

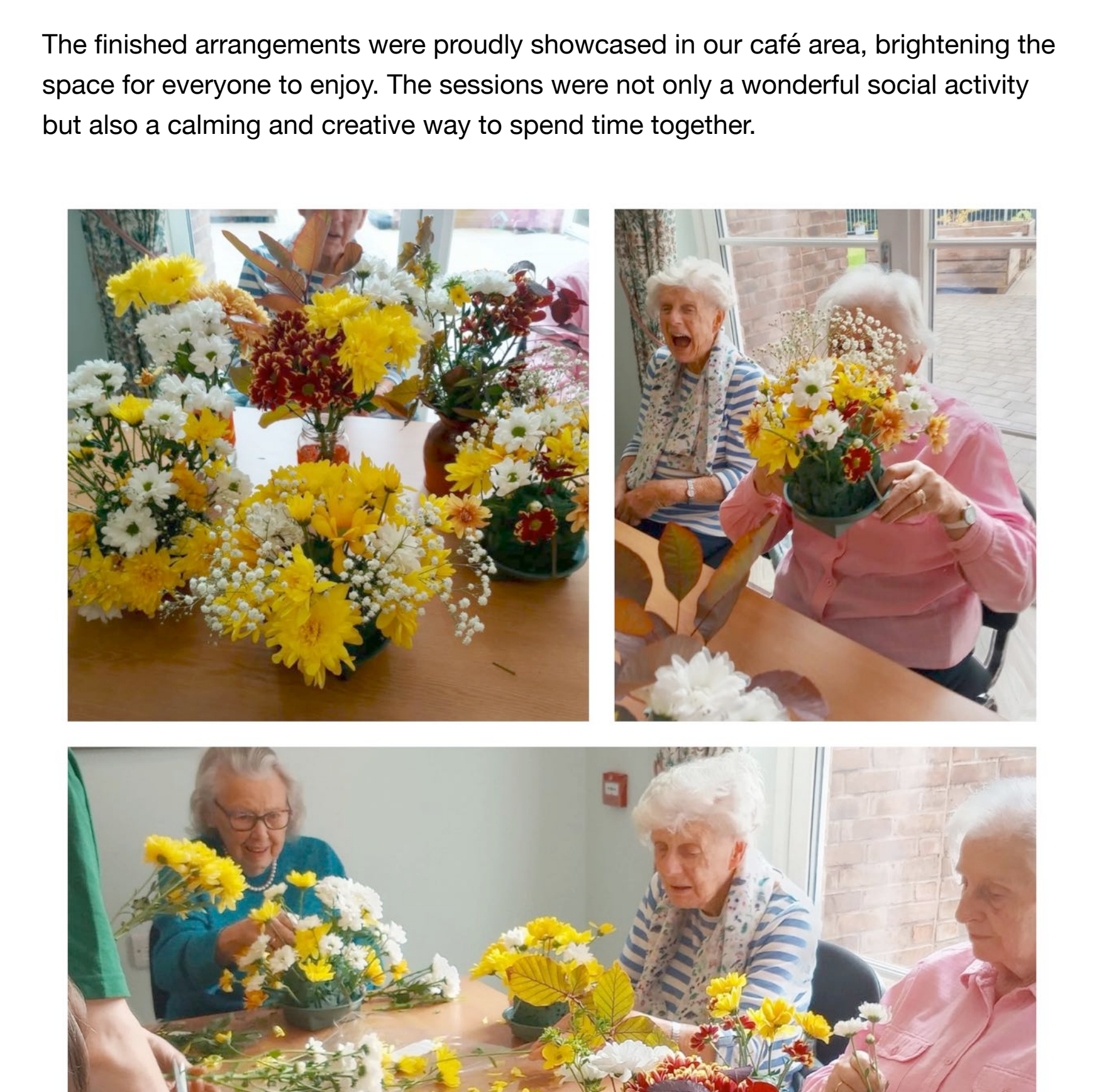
These regular shopping excursions are always a highlight, offering a chance to get out and about, see what's new in the shops, and share stories about how things have changed - especially when it comes to packaging and prices! We encourage all residents to join in on our future outings as they provide a lovely opportunity for fresh air, conversation, and a little retail therapy.



Flower Arranging

Our summer flower arranging sessions were a huge hit with residents, bringing colour, creativity, and the scent of fresh blooms into our home each week. Using flowers and foliage freshly picked from our own garden, everyone took part in creating beautiful displays.

The finished arrangements were proudly showcased in our café area, brightening the space for everyone to enjoy. The sessions were not only a wonderful social activity but also a calming and creative way to spend time together.



HOME NEWS & UPDATES

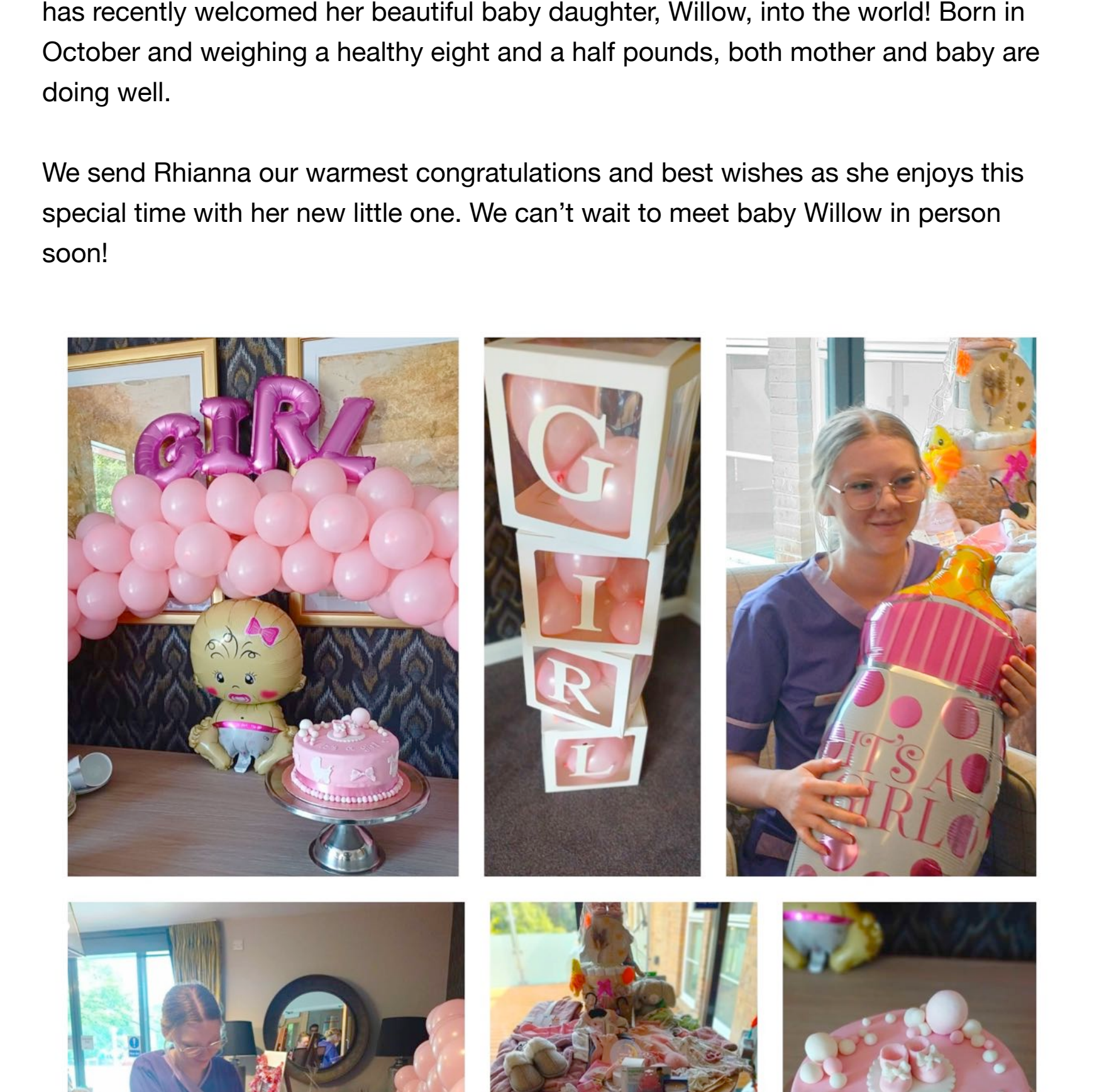
Upcoming Relatives Meeting

We warmly invite families and friends to join us for our next Relatives' Meeting on **Thursday, 30th October 2025, at 6.00pm** in the Cinema Room. This will be a great opportunity to share updates, discuss upcoming events, and continue working together to make our home the best it can be. We look forward to seeing you there!

New Baby - Congratulations!

We are delighted to share some joyful news - our wonderful housekeeper, Rhianna, has recently welcomed her beautiful baby daughter, Willow, into the world! Born in October and weighing a healthy eight and a half pounds, both mother and baby are doing well.

We send Rhianna our warmest congratulations and best wishes as she enjoys this special time with her new little one. We can't wait to meet baby Willow in person soon!



EXTERNAL LINKS

Social Media

Make sure to check out the Oakbank Care Home Facebook Page for all our latest photos!

[Don't Forget To 'Like' Us!](#)

Leave A Review

We would be very grateful if you could spare a few minutes to write a review for us:

[Carehome.co.uk](#) & [Google Reviews](#)